

Tolkningsnyckel Hårmineralanalys (Test/arbetskopia för utveckling)

Vilka ratios indikerar: 1. binjuren 2.sköldkörteln
3. ämnesomsättningen, 4. muskeltonus, 5. anemi,
6. östrogen/progesteron.

SIGNIFICANT RATIOS							
HIGH	4.60	4.40	8.20	16.00	8.00	15.00	2.30
	3.60	3.40	6.20	12.00	6.00	11.00	1.60
ACCEPTABLE	2.60/1	2.40/1	4.20/1	8.00/1	4.00/1	7.00/1	.90/1
	1.60	1.40	2.20	4.00	2.00	3.00	.20
LOW	3	?	2	6	1	4	5
	Ca/P	Na/K	Ca/K	Zn/Cu	Na/Mg	Ca/Mg	Fe/Cu

NUTRITIONAL ELEMENTS														TOXIC ELEMENTS												
HIGH	-172	-20	-68	-46	-6.9	-32	-29	-2.7	-250	-0.14	-0.33	-1.80	-.005	-.013	-7126	-0.025	-.0595	-.070	-.0035	-0.63	-.049	-1.05	-6.3			
	-135	-16	-52	-35	-5.4	-27	-25	-2.2	-190	-0.11	-0.26	-1.36	-.004	-.011	-6231	-0.021	-.0510	-.060	-.0030	-0.54	-.042	-0.90	-5.4			
ACCEPTABLE					6	6										-0.018	-.0425	-.050	-.0025	-0.45	-.035	-0.75	-4.5			
					5	5		5								-0.014	-.0340	-.040	-.0020	-0.36	-.028	-0.60	-3.6			
LOW	4	4														-0.011	-.0255	-.030	-.0015	-0.27	-.021	-0.45	-2.7			
	3						3									-0.007	-.0170	-.020	-.0010	-0.18	-.014	-0.30	-1.8			
	2		2			2																				
	1	1	1		-5	-7							-.000	-.001	-2651											
	Ca	Mg	Na	K	Cu	Zn	P	Fe	Mn	Cr	Se	B	Co	Mo	S	Sb	U	As	Be	Hg	Cd	Pb	Al			
	Calcium	Magnesium	Sodium	Potassium	Copper	Zinc	Phosphorus	Iron	Manganese	Chromium	Selenium	Boron	Cobalt	Molybdenum	Sulfur	Antimony	Uranium	Arsenic	Beryllium	Mercury	Cadmium	Lead	Aluminum			